

Time Zones in Locations of Circles of Four Faculty
 (Time difference from Greenwich Mean Time – GMT in parenthesis)

PST/PDT (-8) British Columbia Washington California	8:00 AM	9:00 AM	10:00 AM	11:00 AM	12:00 PM
MST/ MDT (-7) Colorado	9:00 AM	10:00 AM	11:00 AM	12:00 PM	1:00 PM
CST /CDT(-6) Illinois	10:00 AM	11:00 AM	12:00 PM	1:00 PM	2:00 PM
EST/EDT (-5) New England New York	11:00 AM	12:00 PM	1:00 PM	2:00 PM	3:00 PM
BRT (-3) Brazil	1:00 PM	2:00 PM	3:00 PM	4:00 PM	5:00 PM
GMT/BST England Scotland	16:00	17:00	18:00	19:00	20:00
CET/CEST (+1) Netherlands Germany Spain Suisse Austria France Italy	17:00	18:00	19:00	20:00	21:00
EET/EEST (+2) Finland	18:00	19:00	20:00	21:00	22:00

TIME CHANGES BETWEEN DAYLIGHT AND STANDARD

TO Daylight	2021	2022	2023
US	March 14	March 13	March 12
Europe	March 28	March 27	March 26
Brazil	No change		
TO Standard			
US	November 7	November 6	November 5
Europe	October 31	October 30	October 29
Brazil	No change		